



ADULT CONFERENCE PACKING LIST

PLEASE BRING:

- Pillows, blankets and linens
- Multiple changes and layers of informal and comfortable clothes
- Close toed-shoes to walk to the beach, sneakers/sandals/boots for daily wear (weather dependent)
- Bathing Suit, Bug Spray and Sunscreen (only for early September conferences)
- Toiletries: Soap, Shampoo and Conditioner, Toothbrush, Toothpaste, Deodorant, Etc.
- Bath Towel
- Raincoat or Poncho
- Reusable Water Bottle
- Slippers for wear around the house
- Knitting, books, magazines, or other hobbies for free time
- Camera and watch (if you need the time, but feel free to leave it and just relax and follow the flow of the weekend!)
- Snacks are allowed but not necessary. Food can be kept in the Little Kitchen, where there is a refrigerator available.

PLEASE DO NOT BRING:

- Electronics with the intent to use them. All phones, tablets, laptops, etc. are to be kept in your rooms/cabins.
- Drugs or alcohol are not permitted.